Smoking in pregnancy and the post partum
Three key points

- While sex influences how we ‘position’ smoking in pregnancy and the post partum – gender is key to effectual tobacco reduction and smoking cessation supports.

- Masculine ideals change by context and we can work with some of those to benefit the health of men and their families.

- Qualitative work can transition from descriptive findings to inform interventions.
Men’s Depression and Gender Relations

Key
- Relation of domination
- Relation of contestation
- Relation of alliance

Hegemonic masculinity

Complicit masculinities (protest masculinities)
Marginalised masculinities
Subordinate masculinities

Emphasised femininity
Ambivalent femininities
Protest femininities

Power
Cathexis
Symbolisation

Production
Trading some places \((n=15)\): marginalized masculinity and ambivalent femininity – readjusting gender roles and relations

Business as usual \((n=7)\): complicit masculinity and women's emphasized productions of femininity

Edgy tensions \((n=4)\): mismatch of gender expectations – protest masculinities and protest femininities
Three key points

- The co-construction of masculinities and femininities in and around men’s depression
- Gender relations as key to unraveling men’s depression management
- The need to advance Howson’s (2006) masculinities schema
Three key points

• Sex renders prostate cancer synonymous with men’s health but...

• Recipes for effective men’s health promotion are ‘freely’ available from community based sources

• Men talk about health and illness with the permission of others – and often prompting those conversations is a willingness to guide other men
Lesson 10...

Cul-de-Sacs in Men’s Health
Questions...

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